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Happy International Women's Day | WEDNESDAY, MARCH 8, 2017

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Hilda Anderson-Pyrz,
co-chair of Manitoba
advocates for families of
missing and murdered
Indigenous women,
weeps as she speaks
of her murdered sister.

JOHN WOODS/
THE CANADIAN PRESS



IN THE DARK

**Families of missing and murdered women
call for details on inquiry** metroNEWS

Missing person cases skyrocket

PUBLIC SAFETY

Families advocate sees link to number of children in care



**Jessica
Botelho-Urbanski**
For Metro | Winnipeg

The soaring number of missing people — children especially — in Winnipeg has one children's advocate demanding more than "Band-Aid approaches" from the province.

More than 9,700 missing-persons reports were filed in the city in 2016, while about 8,800 reports were filed the year before, said Shaunna Neufeld, detective sergeant with the Winnipeg Police Service's missing-persons unit. A report on the figures will be addressed by the Winnipeg Police Board on Friday.

"(The numbers) are up a little bit from the previous year, but it has to be stressed a lot of those youth files are resolved fairly quickly," Neufeld said Tuesday. "There's a number that resolve within 24 hours."

Neufeld said chronic runaways account for a large number of cases. There were

24 people who were reported missing 15 or more times during the last three months of 2016, the report said.

For Neufeld, who is transferring out of the missing-persons unit next month after six years on the job, said there's "always more work to be done."

"There's some things that aren't easily solved, right? Kids with addiction issues, I think there does need to be a longer-term treatment centre in Manitoba to address their needs," she said. "Until that happens ... I don't think things are going to dramatically change for those kids."

Minister of Families Scott Fielding said in an email the province is working on a co-ordinated approach with police and community agencies to support children in care who are at risk of exploitation.

Fielding said the government plans to expand the StreetReach program, which is "dedicated to locating high-risk youth and helping them find places of safety."

Cora Morgan, the First Nations family advocate who works with the Assembly of Manitoba Chiefs, said she believes the rising number of missing people correlates with the rising number of children in care. More than 10,000 children are in the province's care and nearly 90 per cent of them are Indigenous, Morgan said.

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Ashton: 'I am not running just because I am a woman'

POLITICS

Manitoba MP lone woman in leadership race

Although Niki Ashton is the only woman seeking the NDP's top job, she says her candidacy involves much more than just her gender.

Ashton, a 34-year-old bilingual MP from Manitoba, announced her second bid to lead the federal New Democrats on Tuesday at a space for community activists in downtown Ottawa.

Gender-based politics is sadly still an issue in 2017, Ashton said, noting she made her announcement on the eve of International Women's Day because it is important to highlight ongoing struggles for justice and equality.

"I would say that I am not running just because I am woman and I am certainly not running because I am a woman," she said.

Representation matters in politics but far more is required, she added, noting that building a movement involves a feminist agenda that upholds the goals of justice and equality.

"Men need to be part of this, so I am certainly looking forward to challenging anybody that may think I am doing this only because of my gender," she said.

Ashton also took a clear stance against pipeline projects, includ-



MP Niki Ashton says gender-based politics is still an issue. RICHARD LAUTENS/TORSTAR NEWS SERVICE

"I am certainly looking forward to challenging anybody that may think I am doing this only because of my gender. Niki Ashton

ing Energy East, and said there is a need to build a "carbon-free economy" — one of the key themes of the so-called "Leap

Manifesto" that became divisive during the party's last convention in Edmonton and caused an uproar among Alberta's prov-

incial NDP.

Ashton did support a motion on the floor at the convention that called for riding associations to explore the manifesto's ideas.

"I certainly agree with the principles in the document," she said. "I also think it is up to us in the NDP to work with that, to do the work as part of this leadership race, to build a vision

that reflects many Canadians' pursuit for justice; whether it is social, economic or environmental justice."

Ashton said she looks forward to collaborating with those in favour of the manifesto and those who did not support it, adding everyone recognizes the threat of climate change and the need to work together.

"We're all part of this party," she said.

Five years ago, Ashton ran in the race to succeed the late Jack Layton — a competition that led to Tom Mulcair's leadership, which was flatly rejected by party members at the convention last April.

The campaign to replace Mulcair runs until October and currently has three other contenders: B.C.'s Peter Julian, Ontario's Charlie Angus and Quebec's Guy Caron. The candidates are set to debate each other for the first time in Ottawa on Sunday.

Ontario deputy NDP leader Jagmeet Singh is still eyeing a possible leadership bid, but his office says he is not planning to make his plans known this week — suggesting he likely won't take part in the debate.

Some of the central challenges for the party include the need to confront a \$5.8-million debt and to boost the number of card-carrying supporters, which was down to 60,000 as of December.

THE CANADIAN PRESS

LAND USE

City needs more time on bee bylaw

Winnipeg suburbanites have yet to hear whether they will "bee" allowed to have apiaries on their properties.

The planning, property and development committee granted city staff a two-month extension on a report about suburban honeybee homes.

Right now, rooftop beekeeping is permitted in the downtown, and businesses like the Fairmont Winnipeg have set up apiaries to produce honey.

In order to allow residents outside the urban core to house their own bees, the planning department would have to recommend a change to the Winnipeg zoning bylaw, which governs land use.

The committee also granted a 60-day extension for a report on selling city-owned lands to support the development of affordable housing.

An advisory committee on housing requested the report in October 2016.

The committee envisions the city could sell under-used land for reduced rates to non-profits or developers looking to build affordable units.

STEPHANIE TAYLOR/METRO

COMMUNITY

Cash coming for 150 celebrations

The city is poised to save \$425,000 on community projects thanks to cash coming from Ottawa to celebrate Canada's sesquicentennial.

Mayor Brian Bowman's executive policy committee is being asked to approve more federal funding for the North Centennial spray pad and the Valley Gardens Community Centre spray pad projects as part of an infrastructure boost for Canada's 150th year.

In total, the feds are doling out money for six community projects.

The others are \$500,000 for renovations at the Seven Oaks Pool and splash pad and \$300,000 for recreation facilities.

STEPHANIE TAYLOR/METRO

ECONOMY

Growth fees working group hit legal roadblock: Orlikow



Stephanie Taylor
Metro | Winnipeg

City hall's plan to strike a working group with Winnipeg developers to decide on the future rollout of growth fees has hit a legal roadblock.

Coun. John Orlikow, chairman of the planning, property and development committee, said the city's legal services department flagged concerns about the partnership last Friday.

"The legal department's not

too sure if we should have a working group because of the idea of this legal challenge," he told reporters Tuesday.

He wouldn't provide any specifics about the nature of the department's concerns, saying he still intends to form the group and plans to meet with city lawyers next week to sort out the matter.

The new impact fee bylaw, which councillors approved in Oct. 2016, calls for a committee of industry leaders, developers and property owners to make recommendations about the fu-

ture application of growth fees.

The working group was tied to the council-approved plan to phase in the fees throughout the city, beginning with commercial and industrial properties in 2018 and infill developments in 2019.

Growth fees will be applied to new residential builds on the outskirts of the city beginning May 1.

Orlikow, who was planning to be the council representative on the group, had hoped to get to work in January and begin discussing if, and how, fees could be applied to industrial properties.

PROPERTY

Homeless shelter gets heritage status

The building that houses Winnipeg's largest homeless shelter now has heritage status.

On Tuesday, the city's planning, property and development committee voted to designate the Canadian Fairbanks Morse Company Warehouse at 300 Princess St. a historic property.

Siloam Mission owns the 106-year-old building and initially opposed the designation over concerns it could limit the shelter's ability to undertake a multimillion-dollar expansion.

Floyd Perras, executive director of strategic initiatives for

the shelter, said that the shelter's authorities changed their minds after working with city planners and finding a way to move ahead with renovation plans while also preserving the building's heritage.

Committee chairman Coun. John Orlikow said this matter demonstrates how the city is willing to work with property owners when it comes to preserving heritage buildings.

As for progress on the expansion plans, Perras says he hopes to make an announcement this summer. STEPHANIE TAYLOR/METRO

University's free bike lab closing for cycling season

STUDENT SERVICES

Popular repair shop doesn't have funding to stay open



Braeden Jones
Metro | Winnipeg

Despite the fact that most people who commute by bike do so exclusively in the spring and summer months, the University of Winnipeg's bike lab is closing for the cycling season.

Volunteer Madison Zienkiewicz said in past years, the free maintenance pitstop was open three or more days a week "with long lineups in the summer."

"Students on campus are biking in the summer, you can see that walking by campus, racks are always full and the bike lab becomes like this little bike village of activity," she said. "It got a little crazy, but it was really awesome."

Things changed when the bike lab went on hiatus last year as it was relocated to a new, more visible location on campus.

The bike lab closed in May 2016 and reopened November 2016.

"Last year it was closed due to renovations and moving that had to be done ... and then they (the University of Winnipeg Students' Association) didn't put it back in the budget for this summer," Zienkiewicz said. "It was an oversight."

Social sustainability coordinator Tiffani Sawatzky, who manages the UWSA Bike Lab, said it mirrors other student union services such as the food bank



The University of Winnipeg's free maintenance pitstop was relocated to a new, more visible location on campus last year.

JESSICA BOTELHO-URBANSKI/METRO

and LGBT centre in that it's funded through student fees.

"Unfortunately for the bike lab, what is peak time for students isn't peak time for cycling, so all of our service centres are running (September to April)," she said. "The bike lab just doesn't have the funding to be open year-round."

Although she's new to her role, Sawatzky said one budgetary change that factored into the tweaked opening hours was an increase in the bike lab staff salaries — including a general

manager, volunteer coordinator and lead mechanic — in September 2016.

"Our part-time staff got unionized and we implemented a living wage," she said, noting that doing so "changed the cost of operations."

Both Sawatzky and Zienkiewicz said the easiest answer to the limited funding would be increasing the student fees or allotment of those fees to the bike lab, which would require a student referendum.

"This year ... we weren't sure

if it was the right time to implement a student fee increase," Sawatzky said. "(The UWSA board) felt maybe this wasn't the best time for a referendum ... it's definitely something to strive for, we just couldn't go over budget."

Zienkiewicz doesn't want to give up hope — she has written a letter to the UWSA board and is gathering signatures to support her plea to find a way to offer some programming this summer.

She's also planning to work with other bike lab supporters to get students "more involved and active with the bike lab and aware of what it offers."

"Just by getting more people aware of the program, by, say,

next year if we did a referendum, people would know and maybe add a couple dollars to student fees," she said. "I would support a referendum as long as people are educated on what they are voting on."

Failing that, she said the UWSA could consider seeking grants or external support.

"We don't get funding from outside agents, so that's something we could look into," she said. "Ideally we don't have to."

The UWSA general election voting ends Wednesday, March 8. Sawatzky couldn't offer a specific date after which bike lab would close, but said its closing would correlate with other service centres near the end of April.

Community bike repair projects

■ **The Bike Dump**, 631 Main Street (rear entrance on southeast corner of building). Contact: contact@bike-dump.ca

■ **The Bike Dungeon**, Recycling & Environmental Group's Collective Space. Room 157, Helen Glass Building, U of M, Fort Garry Campus

■ **Burrows Bike Garage**, Burrows Resource Centre, 1100 College Avenue. Contact: 204-770-3567

■ **Coop Vélo-Cité**, 190, av. de la Cathédrale

■ **IRCOM at Sir Hugh John MacDonald**, 567 Bannatyne Ave. Contact: tylerm@ircom.ca or abdia@ircom.ca or 204-943-8765

■ **Orioles Bike Cage**, Valour (Orioles) Community Centre, 444 Burnell St. Contact: Email: oriolesbikecage@gmail.com

■ **Ralph Brown Bike Tool Cupboard**, Ralph Brown Community Centre, 460 Andrews St. Contact: 204-586-3149 or North Winnipeg Commuter Cycling

■ **South Osborne Bike Hub (SOBH)**, Lord Roberts Community Centre, 725 Kylemore Avenue (in out-building just south of the main building). Currently open Monday and Thursday from 6 p.m. to 8:30 p.m. (except holidays). Contact: Email: sobikehub@gmail.com, Facebook

■ **The WRENCH**, 1057 Logan (Downstairs). Contact: 204-296-3389

See more at: bikewinnipeg.ca
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Unfortunately for the bike lab, what is peak time for students isn't peak time for cycling.

Tiffani Sawatzky

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Families feel left out of inquiry

MMIWG

Advocates say supports for relatives still unclear

Families of missing and murdered Indigenous women and girls are still in the dark about how they can participate in the upcoming national inquiry, a coalition of Manitoba family members said Tuesday.

The long-promised inquiry is scheduled to start formal hearings in May. But coalition co-chair Hilda Anderson-Pyrz said relatives of the missing and murdered are still unsure about travel costs, as well as emotional support and other victims' services.

She said the inquiry's final report is due in December 2018, but that deadline may have to be pushed back.

"We're more about doing it properly than a timeline. That's what the families want, they want it done properly, and to be inclusive of everyone who wants to tell their story to the commission."

"I don't think there should be



Hilda Anderson-Pyrz, left, family member and Missing and Murdered Indigenous Women and Girls (MMIWG) Coalition co-chair, with co-chairs Angie Hutchinson and Sandra Delaronde, expressed concerns about the national inquiry into murdered and missing Indigenous women and girls in Winnipeg, on Tuesday. JOHN WOODS/THE CANADIAN PRESS

a timeline."

The coalition said unanswered questions include: how many communities the inquiry commission will visit; for people in other communities, will there be

subsidies for travel costs, therapy or emotional supports for people who face the trauma of retelling their stories, as well as access to traditional ceremonies?

Anderson-Pyrz is familiar with

tragedy. Her sister, Dawn Anderson, was found dead in Leaf Rapids, Man., in November 2012. The death was ruled accidental and caused by exposure to the cold while intoxicated, she said.

Anderson-Pyrz fought back tears as she explained why her family does not believe the death was accidental.

"She had bruising on her and her phone had been ripped off

the wall in her home, and her TV had been smashed and her front door had been kicked in," she said. "To me, that automatically says that something went wrong."

A spokesperson for the inquiry commission said it is working on keeping families better informed, and support services will be available.

"We are currently reaching out to the Manitoba organizations, as well as others across the country," Waneek Horn-Miller, the commission's director of community relations, said in a written statement.

"We understand the frustrations of families and survivors of violence, and we welcome the dialogue. We will provide travel costs for those families and survivors of violence who will be speaking at our hearings that are set to start end of May."

The inquiry has a mandate to examine the systemic causes of violence against Indigenous women and girls, and why the rate of reported violence against Indigenous women is more than triple that involving non-Indigenous women. Interim findings are due in November.

THE CANADIAN PRESS

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HEALTH

'Period packs' help women in need



Jessica Botelho-Urbanski
For Metro | Winnipeg

If you want to celebrate International Women's Day tangibly, then local community agencies suggest picking up a pack of pads or box of tampons — regardless of your sex.

The Kindred Project, founded by best friends Jackie Hunt and Christina Redmond, is collecting feminine hygiene products throughout March for a public packaging event they're holding at St. Vital Centre during the last weekend of the month.

Hunt and Redmond, along with an enthusiastic group of volunteers, have more than 50 drop-off bins set up around Winnipeg. They hope by assembling their "period packs" in public, they'll encourage more donations.

"If we can show people what goes into these packages, I think it's just going to be a light bulb (moment) for a lot of people to say, 'Wow, I didn't even understand how critical a need it is.' And we didn't either (at first)," Hunt said in an interview Tuesday.

She encouraged donations of pads, tampons, wipes and underwear of the men's and women's

varieties, since some donations go to transgender men who prefer men's styles.

The women then deliver the period packs they assemble to agencies in need around Manitoba, including Siloam Mission and the Rainbow Resource Centre. They started the passion project in December and are in the process of incorporating and getting charitable status.

Pads and tampons are among the top three most requested items at Winnipeg Harvest and are some of the least donated products.

Client services associate Noelle MacLeod said of the 20 clients she helped Tuesday, five of them asked for feminine hygiene products. Only one of their requests could be fulfilled.

In January, Harvest had 5,290 requests for feminine hygiene products and only received 1,203 products.

Many clients won't blatantly ask for the products either, regardless of their need, MacLeod said.

"It's a taboo subject and we have so many cultures right now where it's not a discussion you even have from male to female," she said. "It's a very difficult conversation to have sometimes,



Kindred Project is collecting pads and tampons to donate to women in need. CONTRIBUTED

especially with our newcomers."

The Kindred Project recently donated period packs to the Canadian Muslim Women's Institute, which is always in need of more pads, according to executive director Laurel Martin.

"We do get a tremendous number of donations from Winnipeggers," Martin said. "But we see very few feminine products."

Martin said it's the first item she rattles off when donors ask what's needed.

"Once I suggest to them that some of our newcomers need (pads), they go, 'Oh, of course!'" she said. "It seems that feminine products are not some of the things that jump to the forefront of somebody's mind."

Products can be dropped off at Winnipeg Harvest (1085 Winnipeg Ave.), CMWI (201-61 Juno St.) or at more than 50 bins associated with The Kindred Project.

For a full list of donation locations, visit thekindredproject.ca.



People turned out in the hundreds Tuesday to protest last week's ruling by Judge Gregory Lenehan in Halifax on Tuesday afternoon. JEFF HARPER/METRO

Taxi verdict appeal 'a big relief'

HALIFAX

Woman at centre joins rally as Crown preps move



Haley Ryan
Metro | Halifax

As hundreds of people gathered in Halifax to raise their voices in protest against a judge's recent sexual assault acquittal, the woman at the centre of the case stood amongst them as another face in the crowd.

The passenger in the case around taxi driver Bassam Al-Rawi said she originally didn't want to attend the rally against Judge Gregory Lenehan's ruling, but on Tuesday she saw the Crown would be appealing the case and began "feeling the excitement around the city."

"I didn't talk to anybody, I just kind of watched," she said in a phone interview, adding with a laugh she was frozen after standing in the cold, "but

it was worth it."

The woman, whose identity is protected by a publication ban, said she had mixed feelings on the Crown's appeal, which includes six specific examples where they say Lenehan erred in his decision.

"It was a big relief, with just an undertone of dread that it might end up leading to a retrial. But I mean all in all, the good outweighs the bad there," she said.

The Court of Appeal still must decide whether a retrial could happen, and while the woman said she knows it will likely be a long time before she'd possibly testify, she's prepared for much more public attention.

In a way, the woman said the publicity could make it easier because the first time around only reporters and Al-Rawi's supporters were there, so average citizens crammed into the courtroom "would honestly make a difference."

"(There's) something that's gratifying about people who don't even know you coming out to support. That's been really cool," she said.

ASYLUM SEEKERS

Advocates worry about border crackdown

On the eve of the U.S. homeland security secretary's visit to Canada, refugee advocates worry Ottawa could ask the Americans to beef up border enforcement to curb the flow of asylum-seekers coming into the country.

The surge of illegal crossings in recent months is expected to be a key issue on the agenda between Public Safety Minister Ralph Goodale and U.S. Secretary John Kelly.

"They have done it in the past and started arresting people com-

ing up at the border. Canadian officials can ask the Americans to boost enforcement," said Janet Dench of the Canadian Council for Refugees. "It would be really disturbing if Canada is going to push the U.S. to do that."

The Department of Homeland Security has yet to officially announce Kelly's trip, but Canadian cabinet minister Marc Garneau has told the media it could be as early as Friday. The American embassy in Ottawa would not confirm the meeting.

In the first two months of 2017, some 1,700 refugee claims were filed at the land border across the country, including asylum-seekers who entered outside of an official port of entry, which officials call "irregular" crossings, and those who crossed legally at a border enforcement station.

Quebec, which has seen the highest number of irregular crossings across Canada so far this year, has already received 1,087 land-border claims. That's 43 per cent of the total for all

of 2016.

On Tuesday, Goodale said the government is working on contingency plans should the situation along the border change. Contingencies being considered include the possibility of a larger number of migrants attempting the crossing as the weather improves and threats to the safety of migrants in case of flooding along the Red River near Emerson, Man., another hot spot for irregular crossings.

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ERROR OF LAW

The statement said Judge Lenehan erred in law by:

- Concluding the Crown had offered no evidence of lack of consent from the complainant
- Engaging in speculation about consent rather than drawing inferences from the facts proven in the evidence
- Failing to give proper legal effect to the facts
- Offering an erroneous

interpretation and application of the test for capacity to consent

- Failing to direct himself on the provisions of Section 273.1 of the Criminal Code, which deals with aggravated sexual assault
- Failing to determine whether the accused had taken all reasonable steps to ascertain that the complainant was consenting

Genetic-testing bill goes up for vote



Liberal MP Rob Oliphant SEAN KILPATRICK/THE CANADIAN PRESS

PARLIAMENT

Legislation will keep results of testing private

After a flurry of intense lobbying from insurance companies, health charities, a handful of provinces and the justice minister herself, the fate of a controversial genetic testing bill is now in the hands of Parliament.

Liberal MP Rob Oliphant has been shepherding the proposed Genetic Non-Discrimination Act, also known as Bill S-201, through the House of Commons, where it is back up for debate and could come to a final vote Wednesday.

"I have been absolutely assured that it is a free vote," Oliphant said Monday.

Preceding that vote has been months of lobbying both for

and against the bill, an effort that picked up steam as the reality began to dawn that a private member's bill had enough support to actually pass.

The legislation would, among other things, make it illegal to require someone to undergo or disclose the results of genetic testing as a condition of signing or continuing an insurance policy or any other good, service, contract

or agreement.

Maximum penalties would include a fine of up to \$1 million, or five years behind bars.

The Canadian Life and Health Insurance Association warns of higher costs and reduced coverage if passed. The group has registered to lobby the federal government on the bill, specifically "to exclude its applicability to insurance underwriting." THE CANADIAN PRESS

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AIR CANADA

POPS

COUNTRY RANKINGS

Canada is tops for quality of life, No. 2 overall

For the second year in a row, Canada is the runner-up for world's best country in a global poll.

Switzerland grabbed the No. 1 spot in the survey from US News & World Report, which evaluated

80 countries across 24 rankings based on responses from more than 21,000 people.

Canada did rank first in the Quality of Life category, scoring a perfect 10 based on factors such as economy, public education and health care. METRO

150 WAYS of looking at Canada

POSTCARD NO. 36 CYPRESS MOUNTAIN, VANCOUVER, B.C.



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Each day until July 1, Metro will feature one reader's postcard in our editions across the country, on Metronews.ca and our 150postcards Instagram page. Get involved by sending us a photo of your favourite place in Canada along with 25 to 50 words about why that place is special to you. Email us at scene@metronews.ca or post to Instagram or Twitter with the hashtag #150postcards.

WikiLeaks reveals CIA 'hacking' files

SURVEILLANCE

Documents say spies could access Android, Apple devices

WikiLeaks published thousands of documents Tuesday described as secret files about CIA hacking tools the government employs to break into users' computers, mobile phones and even smart TVs from companies like Apple, Google, Microsoft and Samsung.

The documents describe clandestine methods for bypassing or defeating encryption, anti-virus tools and other protective security features intended to keep the private information of citizens and corporations safe from prying eyes. U.S. government employees, including President Donald Trump, use many of the same products and Internet services purportedly compromised by the tools.

The documents describe CIA efforts — co-operating with friendly foreign governments and the U.S. National Security Agency — to subvert the



WikiLeaks founder Julian Assange addresses media in London in 2016. Experts who've started to sift through the thousands of documents purportedly taken from the CIA's Centre for Cyber Intelligence and released by WikiLeaks says the material said it appeared legitimate — and that the release was almost certain to shake the CIA. BEN STANSALL/AFP/GETTY IMAGES

world's most popular technology platforms, including Apple's iPhones and iPads, Google's Android phones and the Microsoft Windows operating

system for desktop computers and laptops.

The documents also include discussions about compromising some internet-connected

televisions to turn them into listening posts. One document discusses hacking vehicle systems, indicating the CIA's interest in hacking modern cars

+ IN CANADA

The federal government should be concerned about the WikiLeaks CIA data breach, says a former national security analyst.

Stephanie Carvin of the Norman Paterson School of International Affairs at Carleton University says Canadian material risks being exposed, since Canada and the U.S. are members of the five-country group of intelligence-sharing countries known as the "Five Eyes." THE CANADIAN PRESS

with sophisticated on-board computers.

WikiLeaks has a long track record of releasing top secret government documents, and experts who sifted through the material said it appeared legitimate.

The chairman of the House intelligence committee, Rep. Devin Nunes, R-Calif., said he was very concerned about the release and had asked the intelligence community for more

information about it.

Former CIA Director Mike Hayden told MSNBC he had undertaken only a cursory review of the documents, but that if they were what they were purported to be, it would amount to a "very extensive file of the tactics, techniques, procedures, targets and other political rules" under which the CIA hacks targets. "If it is that, it would be very, very damaging," he said.

Jonathan Liu, a spokesman for the CIA, said: "We do not comment on the authenticity or content of purported intelligence documents." White House spokesman Sean Spicer also declined comment.

Missing from WikiLeaks' trove are the actual hacking tools themselves, some of which were developed by government hackers while others were purchased from outsiders. WikiLeaks said it planned to avoid distributing tools "until a consensus emerges" on the political nature of the CIA's program and how such software could be analyzed, disarmed and published.

THE ASSOCIATED PRESS



MARINE LIFE ELUSIVE BEAKED WHALE SURFACES IN THE AZORES

A rarely spotted whale has been caught on underwater video for the first time ever. The group of True's beaked whales was spotted by a group of German teachers who were on an Azores expedition with schoolchildren. Once the whales were seen on the surface, a member of the group swiftly slipped beneath the surface with a GoPro camera in hand. TEXT: ANDREW FIFIELD/METRO; PHOTO CONTRIBUTED

VIDEO ON THE METRO APP

Bomb threats targeting Jewish centres

Jewish community centres in Toronto and London, Ont., were among several across North America that received bomb threats on Tuesday.

Police say the Miles Nadal Jewish Community Centre in Toronto was evacuated out of

"an abundance of caution" in light of threats made in New York, Oregon, Wisconsin, Illinois, Florida, Maryland.

The Centre for Israel and Jewish Affairs says a bomb threat made against the London Jewish Community Centre was the

second it has received in the past two months. Both facilities reopened after police provided the all clear.

In the U.S., the Anti-Defamation League and several Jewish community centres across the country got a round of bomb

threats Tuesday, including five in New York City.

Officials have been investigating more than 120 threats against Jewish organizations in three dozen states since Jan. 9 and a rash of vandalism at Jewish cemeteries. THE CANADIAN PRESS

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JESSICA ALLEN ON COMFORT FOOD



After a death in the family, I'm longing for a meal that I'll never eat again.

There's nothing like a good food fight.

Crunchy vs. smooth peanut butter. Milk producers fighting for counter space alongside almond, soy and rice beverages. And home-cooked comfort food stacked up against fine restaurant fare.

That last one is stirring up emotions for political watchers, and for me.

On Sunday, New York Times columnist Frank Bruni asked: "When did we turn into such food snobs here in America, land of the free and home of the Bloomin' Onion?"

He was referring to the mocking of Donald Trump for delighting in a well done steak with a side of ketchup. Teasing Trump for his gauche tastes is "bound to backfire," Bruni argues, not only because it sets up his critics as the "sneering elites" he rails against, but for its hypocrisy. "Let he who is without a bag of microwave popcorn in his cupboard cast the first stone," he writes.

Using that criteria, I could hurl a rock at the president. But expand it to packets of onion soup mix for whipping up a meat loaf, another Trump favourite, and I just called the kettle black.

We don't need Proust to remind us that food is marinated with memory. Although it does help explain why I'll always choose the comforting comestible over the Michelin-starred one. And why, after a recent death in the family, I'm longing for a meal that I'll never be able to make.

After having worked in restaurants for a decade and writing almost exclusively about

Foie gras can be sublime. But nine times out of 10, I'll take the meatloaf.



Jessica Allen and her brother as children delightfully digging into their Aunt Sandy's roast chicken dinner. CONTRIBUTED

food for many years, my soft spot for meat and potatoes sometimes surprises people. Foie gras can be sublime. But nine times out of 10, I'll take the meatloaf (the secret is to add some sautéed leeks with the packaged soup, ketchup, and pulverized saltines), with a bottle of Barolo. It's about balance.

Jim Harrison, the great American poet and writer who passed away last year, found that equilibrium. He once ate, and wrote about, a 37-course meal prepared by the famed French chef Marc Meneau, but he also once had a Whopper at Burger King and then drove to McDonald's for a second course of French fries.

Harrison had no patience for food snobbery. When "certain Gucci-Pucci-Armani Italians" told him that they'd never sampled one of his favourite dishes, spaghetti and meatballs, because "the dish is an American perversion of Italian cuisine," he'd always reply: "I don't give a s—."

I'm getting there. Not long ago I admitted on national television that I don't like

chicken. A few viewers took this to mean that I am a food snob who thinks poultry is pedestrian. It just depends on the chicken. I occasionally enjoy a quarter chicken dinner (with fries, obviously) from Swiss Chalet.

And my Aunt Sandy's roast chicken is exempt.

For a good decade in my youth, my family, aunts, uncles, and cousins would congregate at her place in Strathroy, Ont., and devour her roast chicken dinners.

Just a couple weeks ago, my mom and I laughed on the phone about how, despite our best efforts, none of us can replicate the meal, not even the boiled potatoes. I can't remember the last time I had it, but if I could choose one last dinner before the Big Light goes out, I told her, it would be Aunt Sandy's roast chicken with all the fixings.

Last Monday, my mom called to tell me that Sandy had suddenly passed away.

While I wrote the obituary in a haze of grief, all I could think about was Aunt Sandy's food. The pots of soup that

nourished us after the Strathroy Santa Claus parade, the labour-intensive shrimp dip, which we obliviously piled high on crackers, and the cabbage rolls that I used to think were "authentic," as in a recipe my grandmother brought over from the old country, but was provided by Vi Moffatt, an English woman who lived across the street.

After the funeral, friends and family piled plates with finger sandwiches, jarred green olives, and thick slices of kielbasa, which I brought from Toronto. Sandy loved the stuff, which she referred to as a rather large part of a horse's anatomy. I was worried that it wouldn't get eaten up. Maybe it was too low-brow. But the kielbasa — all eight feet of it — was the first thing to go.

We shared stories: A cousin confessed he dreams of an IV drip filled with her chicken gravy. Another slipped me a photocopied recipe of her exquisite shrimp dip, which calls for a can of tomato soup, Miracle Whip, and four tins of shrimp. And my mom and Sandy's 16 cousins from Mildmay, Ont., confirmed the stories I've heard for years: how the Strathroy "city kids" delighted in doing the "country kids" farm chores; how five or so chickens in the yard met their death in order to feed the family, which ate in shifts.

On the phone that Monday when my mom called, her pain still raw, she told me that just three days before Sandy died, she'd told her what I'd said about her roast chicken dinner. Sandy was surprised because it was such a simple meal.

"It made her so happy that you remembered," my mom said.

How could I forget?

Jessica Allen is the digital correspondent on CTV's The Social.

VICKY MOCHAMA

We can not stand by as the U.S. becomes unsafe

It is time for Canada to suspend the Safe Third Country Agreement. In fact, it is past due.

With its policies, Donald Trump's government has declared open season on Muslims and immigrants. The courts struck down the initial travel ban, yet the Trump administration has doubled down on its commitments.

Now the dangerous rhetoric and policy from the West Wing has filtered down to its citizenry.

Jewish community centres and cemeteries are receiving threats. In Washington state Deep Rai, a Sikh man, was shot on his driveway on March 3 by a suspect who reportedly told him to "go back to your country." In Kansas last month, two men were shot, one fatally, by a man who allegedly asked the Indian immigrants if their "status was legal" before opening fire, according to reported witness accounts.

The American government looks set to formalize a system of oppression directed at its racialized citizens and at migrants searching for safety. They must do this without Canada's complacency.

The uptick in migrants claiming asylum by walking across the border is a direct response to the climate of fear that migrants face under Donald Trump. It is also a response to the particular requirements of the Safe Third Country Agreement, which requires refugees declare asylum in the first country they arrive in, with the assumption that both are sanctuaries. This only applies, however, at official bor-

der crossings.

As Vice reported, asylum claimants who mistakenly apply at an official crossing actually risk deportation back to the original country they are fleeing.

Only a broken process penalizes people for using it.

Refugees are risking life and limb to get here; they are telling Canadians that the U.S. is not safe for them. Our government has responded to this urgent message with vagueness and equivocation.

Asked Monday by NDP Leader Thomas Mulcair if the U.S. is still safe for refugees, Prime Minister Trudeau didn't answer directly. On the updated travel ban, Public Safety Minister Ralph Goodale told reporters: "This is a detailed matter with some careful nuances and we're going to be looking at all the details so we can provide Canadians with complete information about everything they need to know."

The responsible course here is to suspend the Safe Third Country Agreement. The moral — and smart — move is to follow up that suspension with a coherent plan to assist refugees arriving from the United States.

We are now on the second iteration of the executive order, which comes well over a month after the chaos sown by the first. Despite calls from a number of legal organizations to suspend the agreement, including Harvard Law School, the Canadian Civil Liberties Association and Amnesty International Canada, our government has stood still.

Migrants have not. They cannot afford to.

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3 TREATS TO MAKE SQUARES HIP AGAIN

Sure, squares are considered the domain of grandmothers and church cookbooks. But these frumpy delicacies have stood the test of time for a reason. All but the fanciest are faster and simpler than cookies, and all are satisfyingly chewy and extremely shareable. We think the humble bar cookie deserves more love. Sometimes, cutting corners can be a good thing. Here are some favourite recipes to get you started. **GENNA BUCK**



The humble, almost retro square could be primed for a timely kitchen comeback. iStock

3 Chocolate almond toffee bars

These treats — which are similar to a coconut-laden southern speciality, the Hello Dolly square — are one of TV chef Anna Olsen's most requested recipes.

Ingredients:

- 1 1/2 cups rolled oats
- 1/2 cup graham cracker crumbs
- 1/4 tsp fine salt
- 1/2 cup unsalted butter, melted
- 1 cup Skor toffee bits
- 1 cup chocolate chips
- 1 cup sliced almonds
- 1 can sweetened condensed milk

Directions:

1. Preheat the oven to 350°F (180°C). Grease and line an 8-inch square pan with parchment paper so that the paper hangs over the sides of the pan.

2. Stir the oats, graham crumbs and salt in a bowl to combine, then stir in the melted butter. Press the crumbly oat mixture into the prepared pan. Sprinkle Skor bits evenly on top, followed by chocolate chips and sliced almonds.

3. Pour condensed milk evenly over pan. Bake for 30 to 40 minutes, or until the top is golden brown and the edges are bubbling.

4. Cool to room temperature in the pan, then chill for at least 4 hours before slicing into bars. *IN THE KITCHEN WITH ANNA: NEW WAYS WITH THE CLASSICS, WHITECAP BOOKS*

1 Browned butter crispy rice treats

Deb Perelman, the home chef behind the Internet sensation Smitten Kitchen, is an evangelist for this modernized version of a classic after-school snack. They take "five minutes, tops" longer than the traditional version, Perelman wrote, and if you're willing to share, "get ready to make friends."

Ingredients:

- 1/2 cup unsalted butter, plus extra for the pan
- 1 (285-gram) bag marshmallows
- Heaping 1/4 teaspoon coarse sea salt
- 6 cups crispy rice cereal

Directions:

1. Butter an 8-inch square cake pan with 2-inch sides.

2. In a large pot, melt butter over medium-low heat. Watch carefully. As soon as the butter takes on a nutty color, turn the heat off and stir in the marshmallows. Stir until the marshmallows are smooth.

3. Remove the pot from the stove and stir in the salt and cereal. Quickly spread into prepared pan. Cool before cutting into squares.

SMITTENKITCHEN.COM

2 Fresh Lemon Bars

These sunshine-hued, sweet-tart bars are a picnic standby, and they're ideal for getting kids involved in the kitchen. Ceri Marsh and Laura Keogh of Sweet Potato Chronicles write. Little hands can help. And, it goes without saying, they're pros at gobbling them down.

Ingredients:

- Crust**
- 2 cups flour
 - 1/3 cup wheat germ
 - 1/3 cup confectioner's sugar
 - 3/4 tsp salt
 - 2 sticks frozen butter

Filling

- 1 1/2 cup sugar
- 1/3 cup flour
- 1/4 tsp salt
- 3/4 cups lemon juice (I used 4 Meyer lemons)
- 1 Tbsp zest
- 3 eggs
- 1 egg yolk

Directions:

1. Preheat your oven to 350 degrees. Butter a 9x13 glass pan with a bit of butter. Mix dry ingredients for the crust. Grate the sticks of frozen butter with a cheese grater. Toss the frozen butter curls into the flour mixture until you have a mealy texture. Press the loose dough into the pan and use your

hands to flatten it. Chill.

2. Bake the crust for 15 to 18 minutes until just beginning to turn golden.

3. Mix sugar, flour and salt for the filling. Add lemon juice and zest and blend well. Whisk in eggs and the yolk. Gently pour filling mixture onto the hot crust. If you don't pour a small stream, the weight of the filling will dent the crust.

4. Bake for 18 to 20 minutes until the filling has just set. Allow to cool completely before slicing into squares.

SWEETPOTATOCHRONICLES.COM

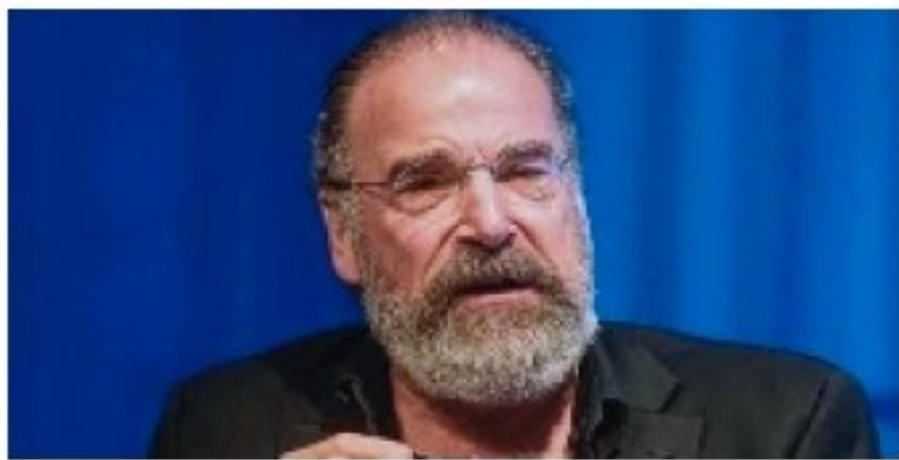
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Patinkin plays part in his real homeland



Mandy Patinkin is back for a sixth season of *Homeland*. GETTY

INTERVIEW

Spy drama is righting 'error' of its depiction of Muslims

Mandy Patinkin knows that his show *Homeland* hasn't always shown Muslims in the best light — but he says that is changing with the award-winning show's

sixth season.

"It's deeply important to me," he said.

"In all kinds of entertainment — movies, television — there are always the bad guys; the cowboys and Indians, then the Russians were the bad guys, the Nazis were the bad guys. Now it seems like Muslim 'terrorists' are the bad guys," he said.

"So, inadvertently, because it's an action show, it's an on-the-edge-of-your-seat political

drama that *Homeland* is, unintentionally we were not helping the Muslim community and we take responsibility for it. And I know I can speak for the writers when they want to right that error that happened because of storytelling."

The Showtime show, which also stars Claire Danes, is highly acclaimed but has also been criticized for its depiction of Muslims as terrorists. In the new season, Danes' character Carrie Mathison is back in the U.S., helping American Muslims.

"We're part of the problem, but we also desperately want to be part of the cure and we are working toward that in our storylines," he said. "If you watch the whole thing as a whole — when you read a novel just don't read one chapter — if you watch the whole thing as a whole, especially this season, the sixth season, you'll see who the bad guys really are and you may have surprises in store for you," he said.

Patinkin, who also praised the Muslim community for its contributions to the world's civilization, is trying to make a

difference in his own life as well.

He works with refugees as part of his work with the International Rescue Committee, and he urged President Trump to be more welcoming to people displaced from war-torn countries.

Trump has revised his initial travel ban to six countries instead of seven, but they are all from Muslim-majority nations, and it temporarily shuts down America's refugee program.

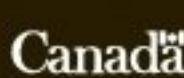
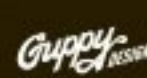
"He wants people to like him and to like America and to make America great again. America will be made great again by nourishing and encouraging people's moral and ethical nature. Encouraging their human-beingness, not their fear," Patinkin said.

"I beg the leaders of the world, of the U.S., of the European community, to stop being afraid, to start working together, to listen to the lives of these souls that are no different than your own family, who are desperately in need and to work in solidarity with their moral and ethical code and nature that I know they have."

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JOHANNA SCHNELLER WHAT I'M WATCHING

Parenting: By Mother Russia

THE SHOW: *The Americans*, Season 5, Episode 1
THE MOMENT: The self-defence lesson

American teenager Paige Jennings (Holly Taylor) is losing sleep over the knowledge that her parents Elizabeth (Keri Russell) and Philip (Matthew Rhys) are Soviet spies living under deep cover in the U.S. "I want to help you with your nightmares," Elizabeth tells her.

Elizabeth takes Paige to the garage. She pushes her shoulders, hard. Paige staggers. Elizabeth pushes her again. Paige moves away. Elizabeth follows and pushes her face. "Mom!" Paige protests.

"You can't be afraid to hit and you can't be afraid to hit back," Elizabeth tells her. "You don't want to get hurt? You have to be willing to do anything to protect yourself. Make a fist." Paige does. Elizabeth tucks in her thumb. "Like this, always," she says.

This is a great little scene, scary not just for Paige, but for us. For four seasons, Elizabeth has been like this, always: the unwavering zealot who will do anything for Mother Russia. Here, she's not just teaching her daughter, she's explaining herself.

Russell is perfect for this char-



Keri Russell as Elizabeth Jennings keeps a close watch on Holly Taylor as Paige Jennings in *The Americans*. FX

acter, a petite beauty yet hard as nails. Her face in this scene is a study. You think she might feel torn about pushing her kid around, but nope. She means it.

Suddenly we get a flash of where this season is going: If Elizabeth ever had to protect herself from Paige, would she go all the way? It's a shivery thought.

That confrontation doesn't happen in this episode. But another, lesser one does. Does Elizabeth make good on her word? Damn right she does.

The Americans airs Tuesdays at 9 p.m. on FX Canada.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

First the vote, now the voice

WOMEN IN GOVERNMENT

Tackling the modern-day equivalent to suffrage: representation

Nina Dragicevic

Telephones. Bicycles. Motion pictures. All of these things have one thing in common — they were invented before a woman's right to vote in Canada.

We may take woman's suffrage for granted in 2017, but it's a current reality that was hard-won in Canada only three or four generations ago. Equal Voice — a national, multi-partisan organization based in Ottawa — now tackles the modern-day equivalent to suffrage: representation.

Electing more women to all levels of political office in Canada is Equal Voice's ultimate purpose, and this week their

Daughters of the Vote (DOV) national leadership forum brings 338 young female delegates from across the country to Ottawa — to meet, network, discuss and engage.

Today, on International Women's Day, the DOV delegates will each take a seat in Parliament to mark a century since women were first granted federal suffrage.

Camille Horton-Poole, a delegate representing Halifax, has worked for the past year and half as a legislative page at the Nova Scotia House of Assembly. She says this "amazing experience" has inspired her life's goal to work in public service in the province, and she's currently enrolled in Dalhousie's Master of Public Administration program.

"I find policy creation, analysis and implementation fascinating," she says, "and I hope to make a positive contribution in this country as a public servant."

Horton-Poole says the DOV forum is an incredible opportunity for its delegates, and

she's inspired by the opportunity to network with other politically involved young women.

"I hope that I can take in a lot of advice from women — who have been in the political world in varying capacities — about how my generation can continue working on making it more accessible to women," she says. "I also want to learn more about issues that I may not have been able to experience firsthand, due to the course of my life up to this point."

Winnipeg's delegate, Sapphyre McLeod, agrees the forum has collected "such a diverse group" and that, for her, "intersectionality is the largest women's issue for me."

"To me it's necessary that, as females, we understand that we all come from all different walks of life and that the issues we face may differ in a lot of instances," she says.

The delegate currently works for the Boys and Girls Clubs of Winnipeg and studies business administration at Red River College. She's often speaking at various events or volunteer-



Camille Horton-Poole, a delegate representing Halifax, is attending this week's Daughters of the Vote national leadership forum in Ottawa. CONTRIBUTED

ing with local non-profits and after-school programs.

"What I find most excit-

ing about the DOV leadership forum is that it will let participants — and Canada, and the

world — see quite tangibly the power and the influence that we young women have."

Celebrating International Women's Day, March 8, 2017



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'The future isn't female; it is feminist'



The goal is simply the elimination of discrimination on the basis of gender. CONTRIBUTED

Nina Dragicevic

If gender is no longer black and white — but in fact a rainbow of hues and shades — what does International Women's Day mean? And who should celebrate it?

The short answer: anyone who wants a better world.

"The conversation around gender identity and expression is definitely shaking up dialogues on women's issues and rights," says Corinne L. Mason, associate professor of gender and women's studies at Brandon University. "Trans women, non-binary and all gender non-conforming people also persist and resist patriarchy and misogyny in their lives."

"International Women's Day is truly about reflecting on and dismantling systems of power, including cissexism and transphobia in our movements," she adds. "The future isn't female; it is feminist."

That future is, increasingly, being realized online. The smartphone in your pocket — a portal into countless online communities — is both a safe space for self-discovery and

“No one is waiting for an ‘expert’ to tell them their gender or sexuality exists; they just name it and claim it”

Corinne L. Mason,
associate professor of
gender and women's studies
at Brandon University

acceptance, and a dangerous battleground.

"Social media is a wonderful instrument to have in the feminist toolbox," Mason says. "Social media platforms are a knowledge-democratizing tool, and for people struggling to make sense of their gender identity or experiences, social media can be a space of belonging."

"No one is waiting for an 'expert' to tell them their gender or sexuality exists; they just name it and claim it!"

But the other side of that coin, Mason admits, is a dark one.

"While social media can be a

space for progress and change, it is also the site of violence," she says. "Women, trans and non-binary folks experience incredible levels of harassment online, including death and rape threats."

Alana Cattapan, feminist researcher and activist — and postdoctoral fellow in the faculty of medicine at Dalhousie University in Halifax — says that, in 2017, "we're seeing a heightened awareness of the pervasive nature of gender- and sexual-based violence" and discrimination. She says this isn't limited to "women", or the traditional definition thereof.




"Those who experience marginality on the basis of their gender — gender identity and gender expression — include women but also include people who don't identify as women, or who are non-binary, or who are trans," she says. "I think it allows us to think expansively to consider what it means to experience gender-based discrimination."




Ultimately, Cattapan says, the end goal is the same.

"We can all benefit on the elimination of discrimination on the basis of gender."

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CAREERS

Finding work in a social media world

It's hard to remember a time when social media and social networking were not part of our daily lives. Facebook, Twitter, Google+ and Instagram have changed the way people engage and communicate with one another, both personally and professionally.

Although some social media platforms are more effective than others, there is no denying it's an integral part of any job search. Job seekers and hiring managers rely heavily on these sites to network and gather information beyond what is relayed in a resumé or interview. According to CareerBuilder.com, 64 per cent of employers said that social media proficiency



STOCK

is a must. Long are the days when your first interaction with a potential employer was during an interview. How does each social media platform differentiate from one another?

LinkedIn

As the leader in social media websites for employment, LinkedIn is known as the site for

job seekers. You can post resumes and cover letters, find job postings, apply for jobs and communicate directly with recruiters and potential employers.

Facebook

As the original social networking platform, Facebook has gone through several trans-

formations in the past decade. You can now add your employment history to your profile and the majority of companies have online profiles which allow you to gather information and contact them directly.

Twitter:

Like Facebook, most companies have a Twitter account. It's a great way to introduce yourself to a potential employer and in most cases companies will use Twitter to answer any questions you may have.

Google+

Being attached to the world's most used search engines definitely has its perks. Although Google+ is not the first social media site that you think of to assist you in your job search, it has its benefits. By creating circles, using Google+ Communities and Collections you can target which people and businesses see your posts and create a network of followers who have similar interests as you.

—MARLENE BENEDICTO

Faster, easier fingerprinting capabilities

Recent changes to the rules and regulations around criminal background checks has left federal government managers, employees and others scrambling to get checks done using the newly mandated fingerprint-based method. Winnipeg-based FASTCHECK is among the first private companies accredited to get the job done in Manitoba.

"As of Feb. 1, 2017, all new federal government hires, contractors working on federal government contracts, etc., will have to have fingerprint-based background checks completed on them," explains FASTCHECK president Neil Murray, who is accredited by the RCMP to complete the more secure record checks. "Within the next three years, all 260,000+ federal government employees will have to have their criminal background checks done by fingerprint as well so there's a real push starting."

FASTCHECK will be providing a very customer focused alternative for the general public to consider.

"We are here to help and that is evident in our slogan with that being to 'Hire Smart — Hire Safe'," says Murray.

With the addition of recently hired staff members, Fast Check will bring the fingerprinting capability to their customers' locations to make processing fingerprints for multiple employees, as fast and easy as possible.

"We want to let people know there's another option," Murray says. "It's so cost



FASTCHECK president, Neil Murray. CONTRIBUTED

effective, faster and doesn't require you to line up anywhere to get them done. Can you only imagine the cost savings to the federal government department managers with say 100 employees to get their staff completed," Murray says. "We make it easy for them to get us to undertake this otherwise costly task"

For more information on fingerprint-based criminal background checks and to book an appointment, go to myfastcheck.com or call (204)256 1200.

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BECOME A LIFESAVER NO MATTER YOUR CAREER

The courses available at Toro Security & Event Service's Winnipeg-based Career Development Center aren't just for those looking for a career in the security industry — they're open to the public and can help anyone become a lifesaver no matter what they do for a living.

Toro is a registered Red Cross Training Partner and they offer courses in all levels of CPR First Aid, from Standard First Aid level C to just below the training required for Emergency Medical Technicians.

"Knowing CPR is important for everyone because emergencies can happen anywhere at any time," says Toro Security's managing director, Colin Harris. "If someone is having a heart attack and you know what to do and know not to panic, you can be the one who saves someone's life."

Everyone who completes a CPR course at Toro receives a wall-mounted Red Cross certificate as well as a wallet-sized certificate, and all courses include AED training and certification at no additional cost.

Harris says Toro's new Mental Health First-Aid course, which starts in March, is

also valuable for anyone who works with the public because the unique training covers how to recognize symptoms and how to help people who are displaying signs of mental health issues.

The 12-hour course runs twice a month at Toro's Career Development Center at 1151 Henderson Hwy and is taught by an instructor with a psychology degree who's spent 12 years in the industry.

The training covers behaviour analysis, crisis analysis, and how to recognize problems and properly deal with them, explains Harris.

Harris says all courses can give job hunters an edge no matter what industry they're looking to work in.

"The First-Aid, and Mental Health First-Aid Training can help anybody's resume for any job field that they're looking for," says Harris. "If you're working in daycares, schools or malls — anywhere — knowing how to save a life, diffuse a situation or recognise an situation before it intensifies is a good thing."

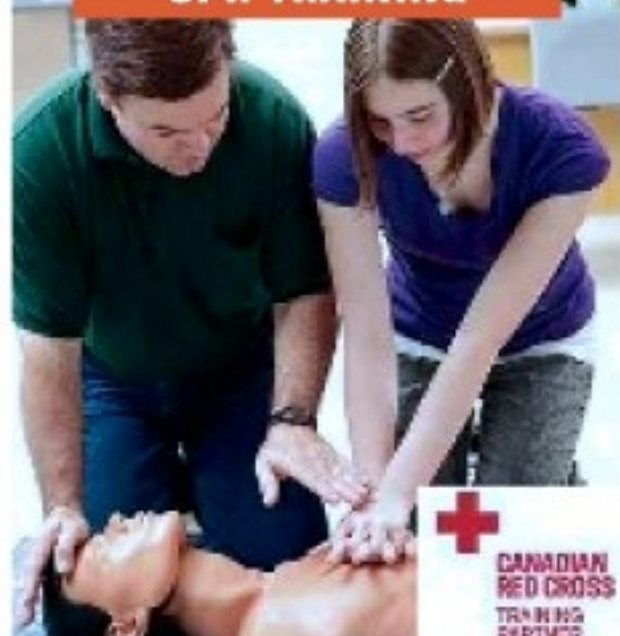
For more information on the courses available through go to torosecurity.com or give them a call at 204-272-9000.



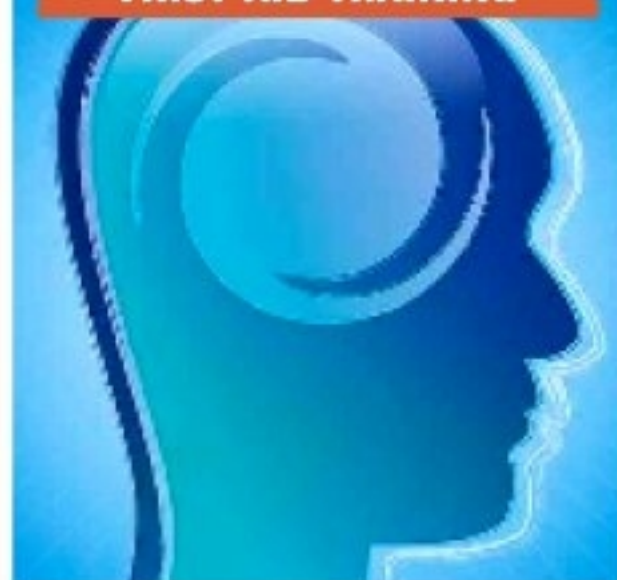
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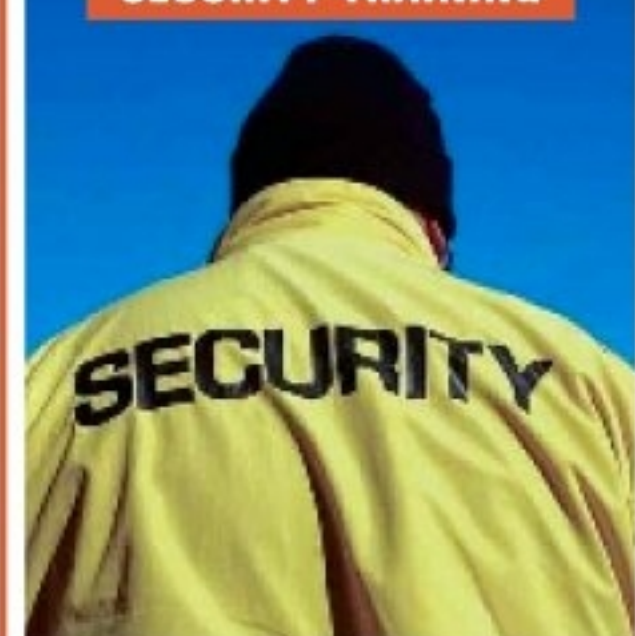
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Registration inquiries during business hours, Monday to Saturday 9 a.m. to 5 p.m.

Phone: 204-272-9000 • email: Mike@torosecurity.com

www.torosecurity.com

Wanted: candidates for Northwest Law Academy

The Winnipeg-based law enforcement school is looking for responsible, fit people with good communications and teamwork competencies who are interested in a career in law enforcement for a special one-week Spring Workshop running March 27-31.

The workshop, put on annually by the Northwest Law Enforcement Academy, gives high school students or those thinking about a career in law enforcement the chance to learn the basics of various aspects of law enforcement—everything from careers, equipment, identification and forensics, to investigation, interrogation, basics in firearms and police defensive tactics.

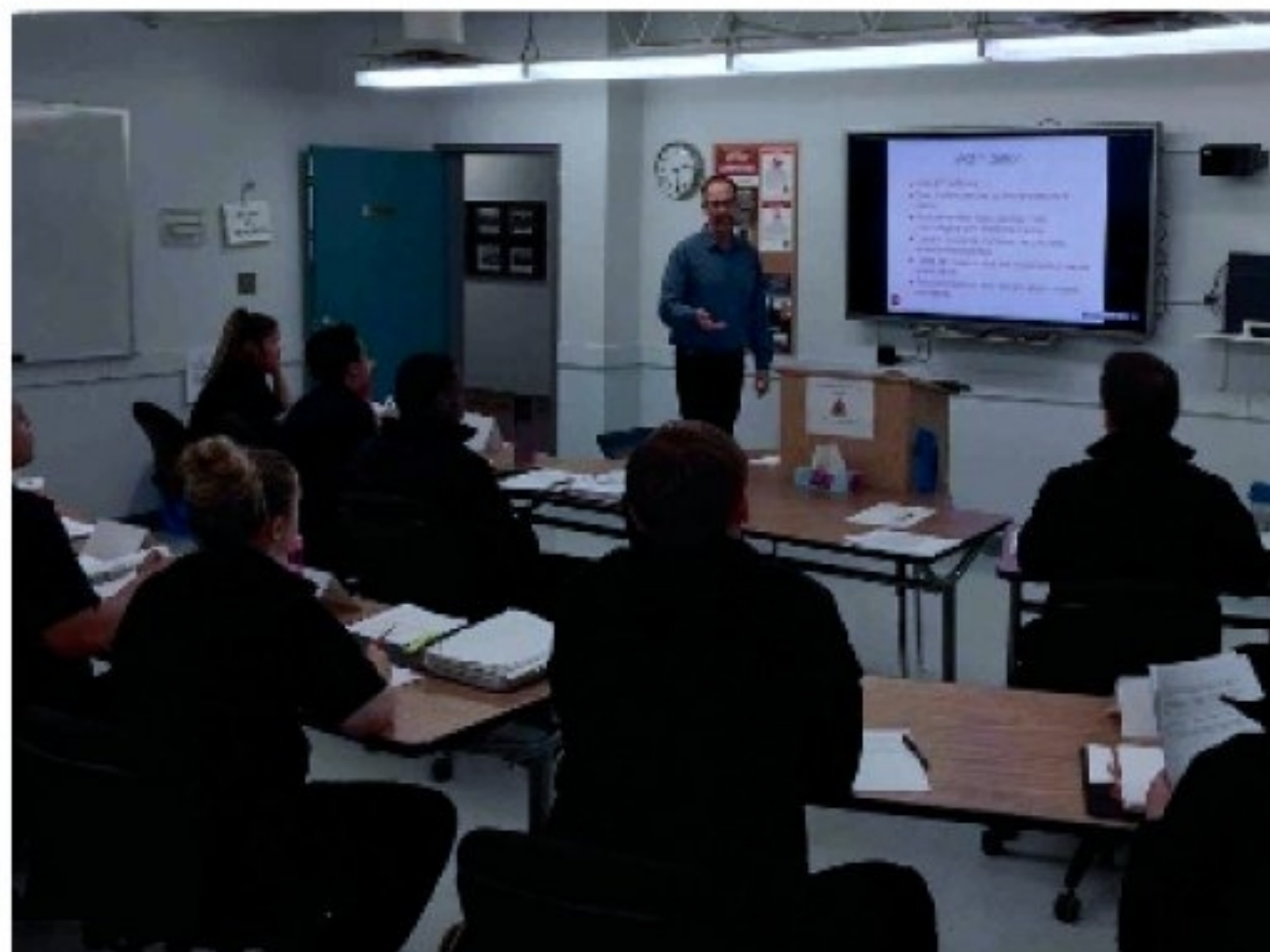
The training is just \$99 and will be delivered from 9 a.m. to 1 p.m. in Northwest Law Enforcement Academy's classrooms at 200-1821 Wellington Ave.

The school, founded by past Winnipeg Police Chief Herb Stephen, has a 16-year history of providing foundational training through its 662-hour Law, Safety & Protection Diploma program.

The full program is for people interested in a career with organizations like the Canadian Border Services Agency (CBSA), the RCMP, police, sheriffs, corrections, and security, among other organizations, and the Spring Workshop is the perfect chance to see if you'd be interested in taking the full training.

"Law enforcement positions are available across Canada in various organizations but they look for three principal areas of applicants—maturity and life experience, volunteerism, and post-secondary education," explains Northwest Law Enforcement Academy's Dean of Admissions, Gil Johnston. "Northwest Academy and its Diploma program provide its students with a superior scholastic experience that is recognized by various organizations."

The Diploma program's extensive curriculum provides study in subjects including Criminal Law and Criminology, Ethics, Forensics, and Officer Safety. Students also get practical training in Police Defensive



CONTRIBUTED

Tactics and receive their firearms licensing as well.

Johnston says part of what sets Northwest Academy's training apart is that its programs are delivered by experienced law enforcement professionals who've served in the RCMP, CBSA, the Winnipeg

Police Service, and Federal Corrections.

To enroll in Northwest Law Enforcement Academy's Spring Workshop and for more information on their Law, Safety & Protection Diploma program check out their website at northwestlaw.ca or call 204-953-8300.

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ALS CORNFLOWER GALA: COURAGE - STRENGTH - HOPE

Dust off your dancing shoes and get out that party dress, because this year's Cornflower Gala Dinner is sure to be a memorable occasion. On Saturday, April 29 join the ALS Society of Manitoba at the Victoria Inn and Convention Centre for our Annual Cornflower Gala.

This fundraising dinner promises fine dining, live music by the Two Man Band, dancing, live and silent auctions for various items,

including a trip for two anywhere WestJet flies, a backyard barbecue, a gourmet dinner for eight prepared in your home by a professional chef, a catfishing trip on the red for two and much more.

"In the past, we have danced under the wings of planes, on the greens of a country club and this year we are going ballroom style," says Diana Rasmussen, executive director for the ALS Society of Manitoba. "Events like our Gala truly make the work we do possible. Without the generosity of our sponsors and guests, our footprint in the community would not be as big as it is."

The blue cornflower is a symbol of courage, strength and hope. It is the society's official flower.

Despite its fragile appearance, the cornflower is a hardy wild flower found throughout Canada. Like the cornflower, people with ALS/Motor Neurone Disease (MND) show remarkable strength and tenacity as they cope with this devastating disease.

The ALS Society of Manitoba provides support and multiple programs for Manitobans



CONTRIBUTED

affected by ALS/MND (Lou Gehrig's disease) — a fatal rapidly progressive neuro-muscular disease that effects more than 315 Manitobans. ALS does not discriminate against age, gender, or ethnic origin.

Tickets are \$150 dollars each, or a table of eight for \$1,000 (partial tax receipt). Sponsorship opportunities are still available for this event. Contact The ALS Society of Manitoba at 204-831-1510 ext 20 or HOPE@alsmb.ca.



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VW aims to seduce with Atlas



HANDOUT

THE CHECKLIST | 2018 VOLKSWAGEN ATLAS REVIEW

THE BASICS

Engine: 2.0-litre turbo four-cylinder, 3.6L V6
Output: 235 horsepower (2.0T), 276 hp (V6)
Transmission: Eight-speed automatic
Fuel Economy (L/100 km): Not available
Price: Starts at \$35,690



LOVE IT

- Spacious
- Low starting price
- Smooth and comfortable driving dynamics

LEAVE IT

- V6 is just OK
- Interior design hit or miss

REVIEW

Will crossover be enough to gain back buyers' trust?



Sami Haj-Assaad
AutoGuide.com

The German automaker is addressing a weakness in its lineup with a new three-row crossover called the Atlas. It's not an overstatement to call the Atlas an important vehicle to Volkswagen.

Not only do they have to prove to buyers that they're a competent automaker again, but they also have to deliver in a segment that's extremely important to North Americans.

The Atlas is a big car but is based on the modular MQB platform that also underpins the Golf compact. Competing with the likes of the Ford Explorer and Toyota Highlander isn't easy, but fortunately, the Atlas starts with this well-developed platform.

In terms of handling feel, it feels agile and responsive, highlighting an ability to excel as a road trip vehicle. Don't forget that for many years VW produced the iconic Type 2 Microbus that's often remembered as the go-to cross-country cruiser.

There's a bit of that spirit here in the Atlas: the light steering is appropriate for the segment and the suspension glides over rough roads. The car comes with a turbocharged four-cylinder engine as base equipment,

sending 235 horsepower to the front wheels. Optionally, you can get a V6 engine and all-wheel drive. The V6 seems a bit underpowered at 276 horses, while the competition is closer to 300 but the eight-speed automatic transmission does what it can to put the engine in the best gear for acceleration and responsiveness.

The 4Motion all-wheel-drive system is very similar to what we've seen in the Golf Alltrack, but has some extra capability via different drive modes that can be toggled through a knob on the center console. The four modes — on road, snow, off-road and off-road custom — change settings including stability control intervention, gear changes and even the behaviour of the ABS for the best grip and traction in almost any conditions. Some, such as the on-road mode, have extra settings so you can get a drive feeling that is tailored to you.

In addition to their capability, buyers choose crossovers because of the space they offer. In this area, the Atlas really excels. Headroom in the front and second row is fantastic, but the legroom in that second row is luxurious. Furthermore, seats slide, offering those in the third row a surprising amount of space.

While full details on pricing, trim levels and specifications will be shared in April, we were told that the base Atlas will come in at \$35,690 and top out in the fifties.

While still prototypes, the Atlases we drove were extremely solid vehicles and impressed in many ways. Volkswagen is taking this market seriously, especially since it's so late to the big crossover party.

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STK# 5239



2014 Infiniti QX50
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\$26,700 SAVE \$4,180

STK# 5167



2015 Infiniti Q50
 \$33,880
\$31,850 SAVE \$2,030

STK# 5129

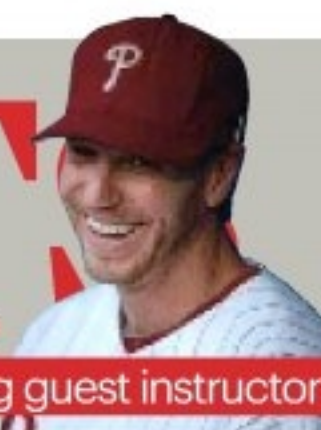
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QCR #0318

Two-time Cy Young Award winner and former Jays ace Roy Halladay was back with the Phillies Tuesday to serve as a spring training guest instructor



Team Canada gets clipped at the knee

BRIER

Defending champs lean on alternate with lead ailing

Canada lead Ben Hebert called his right knee injury a little tweak. Canada skip Kevin Koe called it a torn meniscus that would require surgery.

Canada alternate Scott Pfeifer can call it an opportunity.

With Hebert watching from the back bench and Pfeifer throwing first stones, Koe guided the defending champs to an 8-5 win over Nova Scotia's Jamie Murphy at the Tim Hortons Brier on Tuesday.



Ben Hebert
GETTY IMAGES

A three-point eighth end helped Canada improve to 4-1 in round-robin play in St. John's N.L. Hebert is prepared to play through the pain as needed but may sit out if the injury flares up again.

"He's got a torn meniscus in his knee," Koe said. "He's going to need surgery after the season or maybe after the event depending how well we (do). So it's just trying to manage it. He'll still be playing some games but he's just not going to be able to play every game."



Manitoba skip Mike McEwen reacts to a shot during 10th-draw action against British Columbia on Tuesday. McEwen suffered his first defeat and is now 5-1. ANDREW VAUGHAN/THE CANADIAN PRESS

"We're going to need him at the end so the decision was made to give him a game off."

Hebert, who was walking with a slight limp after the morning draw, returned to the lineup for the evening game in which Canada lost 6-4 to Alberta's Brendan Bottcher. The 2010 Olympic champion

downplayed the severity of the injury. "It's unfortunate but I'm fine," Hebert said.

"I'll play on some painkillers. No sweat. It's no big deal."

Manitoba's Mike McEwen remains at the top of the standings but gone is his unbeaten record. After topping New Brunswick's Mike Kennedy 9-7

"I'll play on some painkillers. No sweat."
Ben Hebert

NHL

GMs opt to keep status quo in rules

They call it "Mike Murphy's law" around the NHL hockey operations department, and it means that something is bound to go wrong.

But while league officials are fully expecting at least one rule to cause consternation in the playoffs, general managers opted against recommending changes to it or anything else on the second day of meetings in Boca Raton, Fla.

"Like anything, it's better to

100
There were 100 challenges on offsides this season going into Tuesday's games.

move slow," Arizona Coyotes general manager John Chayka said.

Among the issues of most

intrigue was the offside element of the coach's challenge, which was introduced itself at the start of the 2015-16 season.

Colin Campbell, the NHL's senior executive vice-president of hockey operations, said it was almost certain to bubble into controversy during the post-season — Mike Murphy's law in other words. Some calls involving the offside have been almost too close to call and there's been murkiness on play-

ers raising one leg in the air to avoid drawing an offside charge.

Ultimately, no change was deemed necessary for now.

"It's almost like a hair — is it up or is it not up?" Campbell said. "It's all to get the call right. That's how this whole thing got started, just get the call right. We're trying to get the call right. Can you get it righter than right?"

THE CANADIAN PRESS



BASEBALL CANADA IMPRESSIVE IN WBC TUNE-UP

Canada's Pete Orr scores a run against Blue Jays catcher Jarrod Saltalamacchia in an exhibition game on Tuesday in Dunedin, Fla. Justin Morneau hit a two-run single and Canada cruised to a 7-1 win. Canada plays its first World Baseball Classic game Thursday against the Dominican Republic in Miami. JOHN RAOUX/THE ASSOCIATED PRESS

COURT

Alleged victim of ski coach: I had abortion

A former competitive Canadian skier says she had an abortion when she was about 15 after having unprotected sex with ex-coach Bertrand Charest numerous times.

Charest is on trial on 57 charges, including sexual assault and breach of trust in connection with the alleged abuse of 12 females between the ages of 12 and 19.

Charest, who is now 51, worked with Alpine Canada's women's development team between 1996 and 1998.

The witness, whose identity is protected by law, testified Charest first kissed her when she was 14 and they were on a ski trip in Italy.

She said the sex they began having when she was about 15

+ WITNESSES

The woman is the sixth alleged victim to testify at the trial, which began last week in St-Jerome, Que.

was consensual but that she realized later on Charest had been taking advantage of her.

In a calm and measured tone, she said Charest told her she was the love of his life and that they'd have a future together with a house, a farm and horses.

After she became pregnant, Charest picked her up from school and drove her to have the abortion, she told the court.

THE CANADIAN PRESS

IN BRIEF

Sharpe on point in halfpipe

Canada's Cassie Sharpe ended the World Cup halfpipe skiing season with a gold medal on Tuesday, giving her momentum heading into next week's world championships.

Sharpe, from Calgary, won handily with a score of 90.80, finishing ahead of Japan's Ayana Onozuka (86.00) and France's Marie Martinod (84.00).

Martinod finished atop the overall World Cup halftime standings, while Sharpe was fourth. THE CANADIAN PRESS

Roughriders sign Winnipeg defensive lineman Steele

The Saskatchewan Roughriders signed Canadian defensive lineman Eddie Steele on Tuesday.

The six-foot-two, 280-pound Steele spent the last four seasons with Edmonton. Steele has 108 tackles and 13 sacks in 90 career regular-season games and helped the Eskimos win the 2015 Grey Cup.

Steele, a 28-year-old Winnipeg native, began his CFL career with the Hamilton Tiger-Cats. THE CANADIAN PRESS

MAKE IT TONIGHT

Fast Vegetarian Skillet Lasagna



PHOTO: MAVA VISNVEI

Ceri Marsh & Laura Keogh
For Metro Canada

Achieve maximum comfort food satisfaction with minimal mess when you whip up this one-pan dinner.

Ready in 20 minutes

Prep time: 10 minutes
Cook time: 10 minutes
Serves 6

Ingredients

- 1 tbsp olive oil
- 1 onion, diced
- 3 cloves garlic, minced
- 1 medium zucchini, diced
- 1 tsp dried oregano
- salt and pepper
- 6 to 8 mushrooms, sliced
- 1 x 19 oz can of tomatoes
- 1 cup water
- 8 oz (250 grams) of dried pasta like farfalle
- 1 cup grated mozzarella
- 1 cup ricotta
- small handful of fresh basil

Directions

1. Warm up olive oil in a large skillet over medium heat. Add onions and garlic and allow to soften, about 3 minutes. Toss in zucchini, mushrooms and oregano. Stir occasionally until vegetables start to soften. Season with salt and pepper to taste.

2. Add tomatoes and break with the back of a spoon. Pour in water. Stir and bring to a simmer.

3. Pour pasta into the sauce and make sure it is submerged. Allow to simmer 15 minutes, stirring so it doesn't stick to the bottom.

4. When pasta is just about cooked, stir in mozzarella. Spoon ricotta over top of the dish. Cover the skillet for about 3 minutes to allow the cheese to warm through and soften. Sprinkle fresh basil before serving.

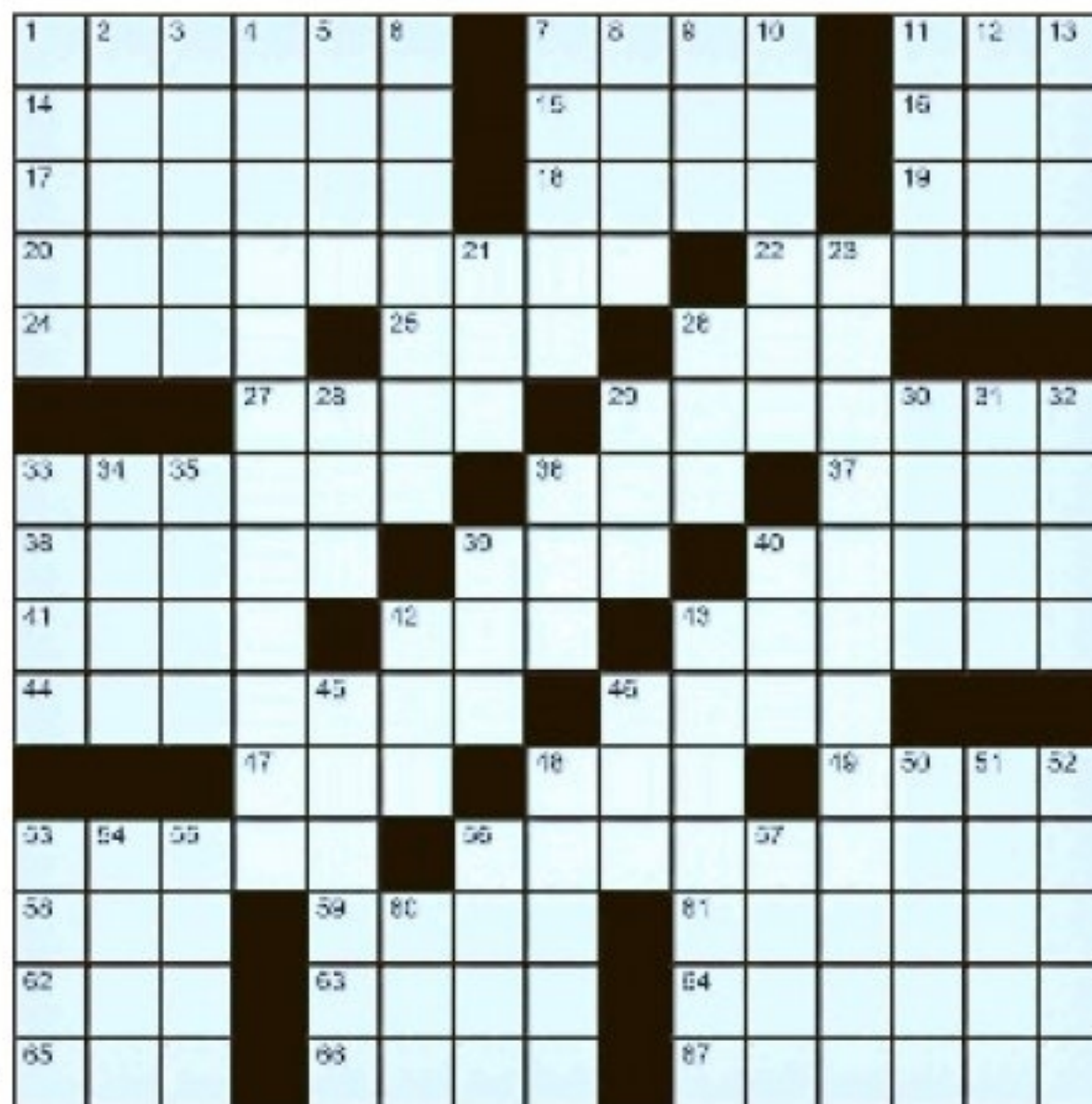
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

- Cucumber/lettuce/tomatoes concoctions
- Member of Mary's flock
- Intl. clock standard
- Turn teary: 2 wds.
- Corn lily
- Impatient shout!
- Shakespeare: Henry V character married to the King of France
- Plug
- Bakery bread
- "_ When We Touch" by Toronto-born singer Dan Hill
- Flower
- Box
- Ford, for one
- Sainte-__ (Quebec City sector)
- US Congressman Mr. Gowdy
- Family tree member
- Mistake/slip, in Latin
- Don't hire a pro, e.g.
- Sort of word
- Decrease
- Peat
- Newfoundland: Norway-like feature in Gros Morne National Park
- "Perry Mason" star Raymond
- Pottery creation
- Out of sorts
- Highlights in hair
- Second-year student [abbr.]
- Chicago trains
- Poetically



- distant
- Beaks
- "Because the Night" songstress Ms. Smith
- Wonderful
- Cowboy's command!
- Chew away
- Consumption

- Flora's mother in "The Piano" (1993)
- Musical instrument, French
- Shut
- Mr. Savalas, for short
- 2, 2, 2, 2, 2
- Most reasoned

DOWN

- The __ Alps
- Fabled name
- Animal of The Andes
- Thoroughfare in downtown Ottawa: 2 wds.
- Two singers/One song

- Edits the film in a way
- "In" indefinitely inmate
- Foe of the Allies in World War II
- Rich money amt.
- Rocky __ (Sylvester Stallone role)
- Pita serving of

- #7-Across
- Hellmann's, e.g.
- "Gloria" band from Belfast
- British Prime Minister, Theresa __
- For Better or For Worse cartoonist: 2 wds.
- Stir-__
- Ms. McClanahan
- Actor Mr. Young
- Jim Morrison, for one
- Knit one __ two...
- Raggedy Ann's pal
- Research rooms, e.g.
- Edge
- Catherine __ (Wife of Henry VIII)
- Lassie, for one
- "_ Stop" by The Hollies
- Fashionable dresser
- Writer Ms. Rowling's
- __ Pilate, "Jesus Christ Superstar" (1973) role
- Dismount
- Little Ricky, to Lucy
- Dullsville declarations
- Stage: French
- Cycles
- Fragrance
- Excellent, in slang
- __-de-camp
- Greenish-blue
- Betting card game
- "_ and the King" (1999)
- Not later

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Be patient with family members today to avoid squabbles and arguments. (This is not a good way to start your day — or anyone else's.) Be chill.

Taurus April 21 - May 21
If you can get past some tension this morning, the rest of the day will be quiet and comforting. In fact, you will want to cocoon at home if you can.

Gemini May 22 - June 21
Money disputes or an argument about something you own might occur this morning. Try to move past it so that you can enjoy a busy day full of errands and fun.

Cancer June 22 - July 23
People are touchy this morning. Give them a wide berth. Later in the day, you will be focused on money and cash flow. Ka-ching.

Leo July 24 - Aug. 23
This morning it's easy to be grumpy. However, soon the Moon moves into your sign, which gives you an advantage over everyone else. Enjoy your good fortune.

Virgo Aug. 24 - Sept. 23
Avoid morning arguments with a female acquaintance. Later in the day, do some research or find some privacy, and enjoy being on your own.

Libra Sept. 24 - Oct. 23
You like to keep the peace. Therefore, avoid arguments in the morning, because the rest of the day is warm and friendly.

Scorpio Oct. 24 - Nov. 22
Steer clear of sensitive subjects like religion, politics and racial issues this morning. Later in the day, bosses, parents and VIPs will talk about you for some reason.

Sagittarius Nov. 23 - Dec. 21
Disputes about shared property might arise this morning. Let these go, because what you really want to do is get out and have a change of scenery today. Do something different.

Capricorn Dec. 22 - Jan. 20
Be patient with partners and close friends this morning to avoid arguments. Later today, you might ponder how your values are different from the values of others.

Aquarius Jan. 21 - Feb. 19
You have to go more than halfway when dealing with others today because the Moon is opposite your sign. This simply requires a little patience, tolerance and cooperation.

Pisces Feb. 20 - March 20
Avoid disputes at work this morning. You don't need this! Later today, you will play and schmooze with others, as well as delight in sports or playful activities with children.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	5	9			1	4	2	7
3			5		8			9
1			7					5
9			3					8
	2	4	8				5	
			1				4	
			2			1		
			9			7		
	6	8				5		



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